



Guiding Questions For Observing and Assessing Children's Learning and Progress in Health, Safety and Motor Skills Development

When observing children's progress in achieving the learning goals for Health, Safety and Motor Skills Development, have in mind the following questions:

Examples of questions to keep in mind when monitoring and assessing children's learning and development of health and safety practices:

- *How does the child make healthy food choices (e.g., choosing to eat a healthy snack instead of an unhealthy snack, suggesting to prepare healthy food for a picnic based on his/her understanding of a healthy plate)?*
- *How can I provide further opportunities for the child to continue making healthy food choices in other contexts (e.g., choosing to eat healthy food at home)?*
- *Does the child understand the importance of maintaining personal hygiene practices? How is the child demonstrating this?*
- *How can I encourage the child to practise personal hygiene consistently?*
- *How does the child demonstrate safety practices while playing with his/her friends? What challenges did the child encounter?*
- *How can I develop the child's understanding of rules and encourage him/her to follow rules and safety practices to ensure personal and group safety?*

Examples of questions to keep in mind when monitoring and assessing children's motor skills development:

- *How does the child perform a particular locomotor, non-locomotor and manipulative skill (e.g., hopping, sliding, balancing, bending, tossing, catching)?*
- *What difficulties did the child face and how can I further support the child's motor skill development?*
- *What opportunities can I further provide for the child to practise and enhance the motor skill?*
- *How does the child demonstrate awareness of space, effort and relationship when performing a motor skill?*
- *How well does the child move within personal/general space?*
- *How well does the child move in different directions and on different pathways?*
- *How well does the child transit from a quick to a slow movement?*
- *How well does the child crawl through a tunnel when there is a child in front of him/her?*
- *What challenges does the child face and how can I support him/her for improvement?*
- *How does the child perform in the fine motor task? What challenges does the child encounter? How can I help the child strengthen his/her fine motor skills?*